stella health navigation

Healthcare can be complicated. Stella is here to help!

If you are covered on one of the County's two Cigna High Deductible Health Plans (HDHPs), Stella is your healthcare navigation and advocacy service, included with the medical plans at no cost to you. Staffed by nurses, Stella's dedicated team is here to help guide you and your family through the complexities of healthcare.

Stella's dedicated and compassionate nurses and support teams are here to guide and support you:

- Find a top doctor: Stella can connect you with high-performing, available, and in-network doctors in your area.
- Navigate challenging health journeys: A Stella nurse can guide you through the health care system and help you understand your options.
- Connect with our trusted partners: Stella can connect you with our proven partners, including FEDLogic, Quantify, and more.



What else should you know?

- You can reach out to Stella at any time. Stella and their nurses are our trusted partners, with knowledge of your benefits and healthcare claims.
- They may reach out to you or your dependents if they believe they can help with a clinical care issue.
- Stella nurses are here to support you throughout your care journey. For questions related to claims, billing, or prior authorizations, your Third-Party Administrator, Pharmacy Benefit Manager, or medical provider's office are the best resources and can assist you directly.

Quantify

A specialty infusion program delivering medications at home, through mobile services, or in clinic — backed by 24/7 nurse support for safe, coordinated care.

Learn more here:
https://www.quantifyspecialtycare.com/

FEDlogic

***For ALL Rockingham County employees - and their household members!**

FEDlogic connects you and your household members with trusted experts who help you understand and navigate federal and state benefits — at no cost to you.

Their compassionate experts have years of experience navigating complex benefits systems.

When can FEDlogic help?

- You are weighing your Medicare or Medicaid options
- You or a family member is facing a serious or complex illness or disability
- Your baby is born prematurely and needs NICU care
- You have lost a spouse and need guidance on survivor benefits
- You are unable to work or have lost affordable health coverage

Learn more here:
https://employees.fedlogicgroup.com/

You can reach FEDlogic directly at 877-837-4196, or by contacting Stella.

Contact Stella: **847-879-2000** Contact Form: **stellahealthnavigation.com**