



ROCKINGHAM C O U N T Y

Rehabilitation and Nursing Center

December 30, 2020

To: All Staff

From: Donna Roe, DNP, ARNP, BC, CEN

Alison Kivikoski, Director of Human Resources

Re: Notice of Workplace Exposure to COVID-19

We have received our first set of Covid-19 test results from 12/28/2020. Based on these results, we are informing you that a couple of our employees have been diagnosed with COVID-19.

Those employees who may have had close contact and potential exposure have been notified. If we receive additional positive results, those employees will be notified. If residents test positive, notification will take place as well. The County has and will continue to take all precautions in limiting the spread of this disease. According to the Centers for Disease Control and Prevention (CDC), COVID-19 is thought to spread mainly between people who are in close contact with one another, within about 6 feet for at least fifteen minutes, and without a mask donned as it is spread through respiratory droplets.

As a reminder, the vaccine is not 100% effective, and takes time to work. Also, you can be re-infected with Covid-19, so we ask you not to let your guard down and continue to take all precautions. Especially continue to wear a mask at all times when in the building. In addition, although not recommended by state and federal guidelines, if you must socialize outside work, please wear a mask and practice good hand hygiene. In addition, we urge you to not walk into or out of the building with colleagues unless masked, do not eat with a colleague unless at least 6' away, and do not sit in a car on break with another employee.

If you experience COVID-19 symptoms, (such as fever, new cough or worsening of a chronic cough, shortness of breath, headache, body aches, extreme fatigue, nasal congestion with another symptom, nausea, vomiting, diarrhea, sudden and complete loss of taste or smell) please do not report to work and notify your supervisor immediately.

The next Covid-19 Walgreen's vaccine clinic for LTC takes place on 1/12/21 (receive either the 2nd vaccine or the 1st, depending) and Assisted Living on 1/15/21 (1st vaccine). The vaccine is an important step in protecting yourself and your loved ones, as well as helping to stop the spread of the virus. All employees are encouraged to take part in this initiative.

As always, the hard work you all do each and every day is greatly appreciated. Your dedication to those entrusted in our care does not go unnoticed.

If you have any questions about this notice, please call Alison Kivikoski, Director of Human Resources, at 679-9365.